A friend once said, "Play songs until they're empty" And I said, "Sing songs until your voice has Traced every pathway... Until they're full Play them and sing them Until you're fully Spacious- and open-hearted." "Live life until you've coursed every byway flowed every river explored inner and outer landscapes until the echo feels full and then grows dim, highlighting everything."

sometime 2006-2013 kel a ils