
KELLY ANN ILSEMAN

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OBJECTIVE

To provide safe and effective acupuncture and accessory techniques treatments as well as telemedicine herbal/nutrition consults.

PROFESSIONAL PROFILE

Graduated with a Master in Acupuncture and Oriental Medicine from the Oregon College of Oriental Medicine; owner PDX Points, LLC
Over 17 years of grant-writing, program management, and leadership experience for at-risk teens in an educational opportunity setting
Extensive experience in academic counseling, mentoring, and STEM curriculum design
Thorough educational, environmental science, nutrition, medical background
Excellence in daily communication with supervisors, staff, and students

FORMAL EDUCATION

Oregon College of Oriental Medicine –M.Ac.O.M. 2020

Master of Acupuncture, Chinese Herbalism, and Shiatsu, with Qigong and T'ai Chi
Merit Scholarship 2017-18; Patricia and Paul C. Bragg Health Sciences Scholarship 2018-19, Community Service Scholarship 2019-20
Treated 376 patients; wrote 217 herbal medicine prescriptions; completed 703 clinical hours
Specialized in complex biomedical and mental-emotional conditions, women's health, paralysis, chronic pain, cancer, diabetes
Trained in *NADA protocol* for substance use (NADA member)
Proficient with e-stim machine use, cupping, gua sha, moxibustion, shiatsu, reflexology, and telemedicine
Research Design: *Longer Versus Shorter Acupuncture Needle Retention Duration for Treatment of Chronic Pain*
Clinical Intern: *Legacy Good Samaritan Pain Clinic* with Dr. Kaneko ·2020
Clean Needle Technique Certification · Oct 2018

University of Maine, Orono · M.S. 2009-2014 · GPA 3.8; M.Ed. May 2000-2003 · GPA 3.8

Master of Science in Food Science and Human Nutrition
Master of Education in Science and Environmental Education; Secondary Certification in Biology & Physical Sciences (ME, OR)
Thesis: *Maine Farmers' Perspectives: Optimism and Barriers to Providing Food to Feed Maine People*
Publication: Ilseman K. and Hoffmann K. Salamander Saver. *The Science Teacher*. 2016; 83(1):37-42.

Gordon College B.S. 1994-1998 · GPA 3.1

Bachelor of Science Biology · Minor, English Literature

Yoga & Meditation Training

Namaste Institute *200-hr Certification* (2009); Sacred Seeds & South Boston Yoga with Rolf Gates *500-hr Certification* (2014);
Kripalu *Restorative Yoga* (2013); Balanced Athlete (2016); My Meditative Yoga *Yin Yoga* and *Yoga Nidra* (2017)

Phlebotomy Certification, Eastern Maine Community College and Affiliated Labs · 2017

PROFESSIONAL EXPERIENCE

Oregon College of Oriental Medicine

Teaching Assistant Issues in Public Health and Integrative Medical Research II (fall 2020 & summer 2021)
Assist with in-person scalp electroacupuncture instruction, point location, and techniques class
Grade homework assignments within online platform and responded to student questions regarding classwork
Follow student discussions and assist students as needed for their academic success
Work Study Herbal Medicinary Intern (2017–2019)
Precisely compiled bulk and granule herbal formulas, and performed accurate product inventory
Offered excellent customer service and sales
Maintained patron/patient confidentiality
Work Study Library Intern (2018–2020)
Offered customer service while maintaining patron confidentiality
Assisted patrons with research for electronic and physical resources

PROFESSIONAL EDUCATIONAL EXPERIENCE

Upward Bound Math Science (UBMS) Program, University of Maine, Orono

Assistant Director/Academic Counselor (Sept 2005 – Aug 2017)
Graduate Assistant/Summer Facilitator and Mentor (Jan 2001 – Jun 2003/Jun 2001 - Aug 2005)
Oversaw administrative and fiscal details of the program; assisted with federal grant writing
Recruited and served first-generation students at target high schools in Maine (2005-17), Massachusetts (2008-13), New England (2005-07)
Offered direct outreach, academic counseling, and advocacy services to high school students

Served as contact point for summer students, staff, faculty, and administration
 Planned/implemented academic year activities, summer academic curriculum, and attended regional/national advocacy events
 Wrote and received grants for STEM-related educational outreach funding (in addition to program grant)
 Hired STEM and STEM-Education graduate students/professionals as academic summer staff
 Worked with team of faculty to develop and implement novel Group Research/Design Project curriculum each summer
 Developed faculty network of STEM Research Mentors on the University of Maine campus and within the local community
 Linked 30-40 students/summer with Individual Research Project Mentors
 Co-taught experimental design curriculum; oversaw STEM research and design projects
 Wrote, compiled, and distributed summer staff and student handbooks and evaluations
 Wrote and updated website content; worked with graphic designer to update site in 2017
 Assisted high school seniors with the college and financial aid application processes
 Wrote recommendation letters for current students, alumni, and former staff members

South Shore Charter School - Norwell, MA

Biology and Chemistry Teacher; Environmental Science Project Leader; Advisor; Gym Elective Teacher (Aug 2003 – June 2004)
 Developed curriculum, planned lessons, and taught three sections of freshman biology, and one section of tenth grade chemistry
 Led an Environmental Science Service Project with the New England Wildlife Center
 Instructed Physical Education classes and one Guidance Advisory

Lexington High School – Lexington, MA

Math/Science/English Tutor (Nov 2004 - Jan 2005)
 Supported students with special needs (autism and ADHD)

Youth Care After School Program – Charlestown, MA (Sept 2004 - Jan 2005)

Special Needs (autism and ADHD) Therapeutic Group Leader (5- to 8-year olds)
 Coached children in social skill development; held parent conferences

PROFESSIONAL ADVOCACY EXPERIENCE

Oregon Association for Acupuncture and Oriental Medicine (OAAOM) · Member (2017-present)
Society for Acupuncture Research (SAR) Member (2020 – present)
Council for Opportunity in Education (COE) Policy Seminar Representative · Washington, DC (2014–2016)
Maine Educational Opportunity Association (MEEOA) President-Elect, President, Past-President – (2014–2016)
New England Educational Opportunity Association (NEOA) State Liaison 2015- 2016); Arnold L. Mitchem Leadership Institute (2012-2013)

COMMUNITY SERVICE

OCOM Presidential Search Committee; Student Stakeholder Group (2018); Career Day Presenter, Portland State University Upward Bound Program; Cherry Blossom Gala Fundraiser, Floater and Silent Auction Volunteer: interacted with guests in evening gala setting (2018 & 2019); Start Making a Reader Today (SMART) Program Reader, Sunnyside Environmental Elementary School (2017 – 2018); Bangor Humane Society (2009–2010); Educational Concerns for Hunger Organization Peace Corps trial farm (1997); Habitat for Humanity (1996)

COMMUNITY DEVELOPMENT EXPERIENCE

“32 Forest Ave” Community House – Orono, ME (March 2006 – Present)
Manager, Lead Inspiration, and Driving Force
 Developed, maintain conscious community living space with environmental and social focus in single-family home

Science Education Coursework

Social Context of Education	Statistical Methods in Education	Qualitative Research: Theory, Design, Practice
Experimental Design	Cognitive Development in Children	Adapting Instruction for Students with Disabilities
Seminar in Science Education (K-12)	Planning Environmental Curricula	Advanced Topics in Social Work: Horticulture Therapy
Field Studies in Tropical Ecology	Independent Study: Permaculture	Environmental Horticulture
Technical Presentations	Educational Internship	Forgiveness, Peace, & Reconciliation

AOM & Medical Coursework

Living Anatomy	Anatomy and Medical Physiology	Western Medical Terminology
Western Medical Pathology	Western Clinical Diagnosis	Qualitative Research: Theory, Practice, Design
TCM Theory and Pathology	Statistical Methods in Research	Experimental Research Design
Chinese Herbal Formulas	Acupuncture Techniques	Community & Behavioral Health
Auricular Acupuncture	Patient-Practitioner Relationship	TCM Pathology: Gynecology
Structural Diagnosis & Advanced Acupuncture	Treating Children with TCM	Clinical Observation and Theatre
Osteoporosis	Intro to Food and Nutrition	Life Cycle Nutrition
Community Nutrition	Advanced Human Nutrition	Lipids, Diet, and Cardiovascular Disease