Opening closer
Holding looser
Dying to live
Living to die
Making a fortune
On somebody else's sky

Gratefully blessed Sunshine warms fears A leaf petal cup holding your tears

Cat got my tongue

Or rather

Sunshine got stung

By the bee

That's for me

On your knees

Singing softly

Humming a tune

Vibrating in the heart room

Sun warm

Not forlorn

Sadness and mourn

Life and death

A circle of one

Torn asunder,

Feeling left out

Like a third wheel

Reactive beyond

The practices I've learned

How to find space

Breathe in this place

Earth grace

Make a face

Silly tunes

In your room

Earthquake boom

Jack and June

Why bother

Never harder

Want to be gracious

Can't find my place

Accept it like an ace

What the heck?

Forsaking this place

Going through the motions

Monotone notions

Pre-programmed oceans

Everybody in motion

Gotta get the doshen

Smoke your daily potion

Don't know why I'm in it

Can seem to fit it

Want the spotlight

Just can't seem to shine right

Humbly giving others limelight

like a shadow, cast away

Feeling cared for

Sentiments are words

Bonds built

Deeper than blood

Heart's cradle Kidney palace

Protection from my own shit

waddle and muck

So yuck

Venom and spewing

Anger and brewing

Causing a ruckus

Adrenaline

Fight - flight

Searching for a high light,

A hipster fit

Like a sad flick

Outdated before it began

Run over like a steam motor

Destruction

is in my DNA

Can't I just

Float away

On a cloudy day

Razzle dazzle ding dong

Sing me a new song

Read me a book

Love your look

Feb 10, 2020

kelly ann ilseman