
KELLY ANN ILSEMAN, MAcOM/LAc, MS, MEd

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OBJECTIVE

To provide safe, effective acupuncture treatments for diverse populations and to advocate for the profession of acupuncture

PROFESSIONAL PROFILE

Licensed acupuncturist/herbal medicine practitioner in Oregon/Maine with 5 years of post-graduate clinical experience (8 yrs clinical experience)
Specialize in treating acute/chronic pain, behavioral health, substance use, and internal biomedical conditions; current CPR/First Aid certified
Experienced working with diverse social, economic, ethnic, cultural populations of clients in individual and community/group health settings
Research Committee Chair for Oregon Acupuncturists Association; director/lead writer for large-scale literature reviews on acupuncture for pain
Acupuncture education and advocacy experience in standards development, interprofessional collaboration, and state-level professional advocacy.
Extensive experience in patient advising, health/academic coaching, and student mentoring, research, and education
17 years of grant-writing, program management, and leadership experience for at-risk teens in an educational opportunity setting

FORMAL EDUCATION

Oregon College of Oriental Medicine – MAcOM 2020

Master of Acupuncture and East Asian Herbalism

Merit Scholarship 2017-18; Patricia and Paul C. Bragg Health Sciences Scholarship 2018-19; Community Service Scholarship 2019-20

Specialized in complex biomedical and mental-emotional conditions, women's health, paralysis, chronic pain, cancer, diabetes

Research Design: *Longer Versus Shorter Acupuncture Needle Retention Duration for Treatment of Chronic Pain* · 2020

Clinical Intern: *Legacy Good Samaritan Pain Clinic* with Dr. Kaneko · 2020 // Trained in *NADA protocol* for substance use

Science and Art of Herbalism with Rosemary Gladstar didactic, therapeutic, laboratory, and fieldwork components 2017- 2021

University of Maine, Orono - M.Ed. 2003 and M.S. 2014

Master of Education in Science and Environmental Education · M.Ed. May 2000-2003 · GPA 3.8

Secondary Teaching Certification in Biology and Physical Sciences (ME and OR)

Publication: Ilseman K. and Hoffmann K. Salamander [Saver]. *The Science Teacher*. 2016; 83(1):37-42.

Independent Research: *Vaccinium angustifolium* (high-bush blueberry) tissue culture propagation, *Syringa pekinensis*

Master of Science in Food Science and Human Nutrition · M.S. 2009-2014 · GPA 3.8

Thesis: *Maine Farmers' Perspectives: Optimism and Barriers to Providing Food to Feed Maine People*

Licensure & Certifications

Licensed Acupuncturist and East Asian Medicine Practitioner (Oregon, Maine; both active); NCCAAM Diplomate (current); CPR/First Aid (2024-26);

National Acupuncture Detox Association (NADA) Certification (2020); Thousand Hands Buddha Qigong (2020); Yoga Instruction: 500-hr (2014),

200-hr (2009), Yin (2017), Nidra (2017), Trauma Informed Mind Body 1 (2015), Restorative (2013), Balanced Athlete I (2016); Permaculture (2012)

PROFESSIONAL ADVOCACY

Oregon Association for Acupuncture and Oriental Medicine (OAAOM) · *Research Committee Chair, Board Member* (2021-present)

Acupuncture Workforce Alliance (AWA) and OAA Education Task Force · *Active Participant, Proposal Contributor* (Feb 2026 – present)

Council for Opportunity in Education (COE) Policy Seminar · Washington, DC (2014-16)

Maine Educational Opportunity Association (MEEOA) · *President-Elect, President, Past-President* (2014-2016)

New England Educational Opportunity Association (NEOA) · *State Liaison* (2015-2016); *Arnold L. Mitchem Leadership*

PROFESSIONAL ACUPUNCTURE EXPERIENCE

Advanced Acupuncture Acupuncturist - Lake Oswego, OR (2023-present)

· Provide acupuncture, herbal medicine, shiatsu for chronic/acute pain, internal medicine, behavioral health in high-volume medical clinic

Quest Center for Integrative Health Acupuncturist - Portland, OR (2021-present)

· Provide individual/group (community) acupuncture for chronic pain, behavioral health, internal medicine, substance use recovery for Wellness, Integrity, Sustainable Health (WISH), Finding/Sustaining Recovery (FSR), Oregon Change Clinic (OCC), Rose Haven Women Shelter, Urban Alch

PDX Points, LLC Owner, Acupuncturist - Portland, OR (2021-2024)

· Ran a private acupuncture practice as primary practitioner/small-business operator: provided acupuncture, bodywork, herbal medicine for clients with chronic pain, internal medicine, and behavioral health; scheduling, insurance credentialing/billing, finance management, marketing

Oregon College of Oriental Medicine (OCOM) Herbal Medicinary Supervisor +Work Study Intern; Teaching Asst · Portland, OR (2018-2024)

· Supervised work study students, Endao software troubleshooting, compiled bulk/granule herbal formulas, customer service/sales, product inventory/shipping; TA for Shiatsu I-III, Living Anatomy I-III, Point Location I-III, Western Med Dx; used Populi LMS for course management

Golden Hour Acupuncturist and bodyworker in health and wellness spa · Portland, OR (February 2022 – May 2023)

· Offered private acupuncture treatments with tuina/shiatsu massage and cupping; offered chair acupuncture, massage, reflexology sessions

PROFESSIONAL EDUCATIONAL EXPERIENCE

Upward Bound Math Science (UBMS) Program, University of Maine, Orono

Assistant Director/Academic Counselor (Sept 2005-Aug 2017); *Graduate Assistant/Facilitator + Mentor* (2001-2003; 2001-2005)

- Oversaw administrative and fiscal details of the program; assisted with federal grant writing
- Recruited and served first-generation students at target high schools in Maine (2005-17), Massachusetts (2008-13), New England (2005-07)
- Offered direct outreach, academic counseling, and advocacy services to high school students, including college/financial aid applications
- Served as contact point for summer students, staff, faculty, and administration
- Planned/implemented academic year activities, summer academic curriculum, and attended regional/national advocacy events
- Wrote and received grants for STEM-related educational outreach funding (in addition to program grant)
- Hired STEM and STEM-Education graduate students/professionals as academic summer staff
- Worked with team of faculty to develop and implement novel Group Research/Design Project curriculum each summer
- Developed faculty network of STEM Research Mentors on the University of Maine campus and within the local community
- Linked 30-40 students/summer with Individual Research Project Mentors
- Co-taught experimental design curriculum; oversaw STEM research and design projects
- Wrote, compiled, and distributed summer staff and student handbooks and evaluations
- Wrote and updated website content; worked with graphic designer to update site in 2017
- Wrote recommendation letters for current students, alumni, and former staff members

South Shore Charter School (SSCS) High School Science Teacher - Norwell, MA (Aug 2003-June 2004)

- Developed curriculum, planned lessons, and taught three sections of freshman biology and one section of tenth grade chemistry
- Led an Environmental Science Service Project with the New England Wildlife Center
- Instructed Physical Education classes and one Guidance Advisory

Lexington High School Special Needs Dept. and Youth Care After School Program – Lexington + Charlestown, MA (Sept 2004-Jan 2005)

- *Math/Science/English Tutor*: supported students with special needs (autism and ADHD) in and out of the classroom
- *Special Needs Therapeutic Social Skills Group Leader*: coached 5–8-y.o. children with autism and ADHD in social skill development

YOGA INSTRUCTION

Om Land Yoga - Intermediate/Advanced and All Levels Vinyasa (June 2009-Aug 2014), Restorative (Nov 2015-Aug 2017)

University of Maine Football Team - weekly one hour slow-flow vinyasa classes aimed at improving balance and flexibility (Jan-Apr, 2010)

One-hour beginner workshops: UBMS Program (2009–2017), Maine Educational Opportunity Association conference (Jan 2012 – 2016), University of Maine Student Support Services (Sept 2014), New England Educational Opportunity Association Conference (Apr 2011)

“108 Sun Salutations for UB” fundraiser organizer, instructor (March 2011)

ATHLETICS

Gordon College: Varsity Cross Country + NCAA Division III Championship (1994), Lifeguard Training (1994), Lacrosse (1995, 1996), Swimming (1997), Covered Bridges Half Marathon (1998) // **Piscataquis Community High School**: Field Hockey (1991, 1992 State Champions, 1993), Track & Field (1992, 1993, 1994), Cheering (1991, 1992, 1993, 1994), Ski Team (1993), Swimming (1993)

ACUPUNCTURE & MEDICAL COURSEWORK

Advanced Human Nutrition	Human Anatomy and Medical Physiology	Osteoporosis
Microbiology	Western Medical Terminology	Lipids, Diet, and Cardiovascular Disease
Community & Behavioral Health	Living Anatomy	Community Nutrition
Western Medical Pathology	Western Clinical Diagnosis	Western Pharmacology
Acupuncture Point Location	Acupuncture Point Actions & Indications	Chinese Medical Theory
East Asian Medical Research	Medical Theory and Pathology	Chinese Materia Medica: Single Herbs
Chinese Herbal Formulas	Chinese Herbal Preparations (Pao Zhi) & Topicals	Preparing Herbal Formulas/Prescription Strategies
Acupuncture Techniques	Auricular Acupuncture	Structural Diagnosis
Pulse & Facial Diagnostics	Chinese Nutrition	Complementary Nutrition Practice
Advanced Acupuncture	Electro- and Scalp Acupuncture	Patient-Practitioner Relationship
Medical Ethics	Respectful Touch	Community Outreach
TCM Pathology: Gynecology	Treating Children with TCM	Clinical Observation and Theatre
Shiatsu and Advanced Shiatsu Bodywork	Tuina East Asian Bodywork	Foot Reflexology
Problems in Food Science & Human Nutrition	Qigong and Taiji	Integrative Research Project
Experimental Research Design	Cognitive Development in Children	Forgiveness, Peace, & Reconciliation
Adv. Topics Social Work: Horticulture Therapy	Cell Structure & Function	Genetics & Development
Woody Landscape Plants II	Taxonomy of Vascular Plants	Organic Chemistry I, II
Select Topics in Sports Nutrition	Biochemistry	Calculus
Animal & Plant Physiology + lab	Botany	Medical Spanish
Phlebotomy Certification (EMMC/Affiliated Labs)	Clinical Internship I, II, III	Bodywork Internship I, II