

rising on a moon cake

Rising up into this air space
This green place
The cold-warm wet woods
Bubbling brook
(shu stream, jing-river)
And your hand
-huge warm hand-
Enveloping mine
In the black of moonlight
Faint shadows cast
On a wooded hillside
That looks like a hundred
year old field
from Maine
Smiling inner peace
Breathing here and now
Being in your presence

Waking up to a sunrise
A foggy bike ride
Over the bridge and
through the homeless
To ocom I go

To love myself is to love another
No matter how well we know
Someone
How can we ever really?
If it takes a lifetime (more) to know
ourselves
No one person can meet
every need of another
Find that through
connection
with the whole.

I'm learning...
With every new experience,
Every hardship that is my teacher
Every light, every darkness
Every hurt, every brightness

Quest in life
Unfolding
Stillness inside
Assimilating, reflecting
ageless mysteries
You embody royalty
and essence,
deepevolutionarily
Karma and ancestry
of lifetimes

We are never alone
Always connected
Always breathing, being,
Beating heart resonant with
Others on the same path
Like attracts like
So glad I found you.

So, I keep rising on a moon cake
On an earth bake
In a slow wake
On a sunbeam
In a moon lake
On a surf wave
Rushing water
Peaceful enclave
The connection bridge
To the earth kid
Waking to a heartache
For the earth's sake
In a sun beam, for sure

Holler for the people
Like an earth swoon
Bright full moon
Highlighting redwoods
In the early dawn
Raise a fist, an idea,
Radiate change,
mobilize
a heart
Find a kinder future
For everyone
No exceptions
All in

No delineations
We are ALL One.

Settling calmly
Reaching longingly
Sharing whispers and
seeking friendships
with ladybugs
And with kings and queens
who own nothing material
But know something
Of the true nature of being,
Who have heart.
Who have lived life's toughness
Felt its roughness
And let it soften
Rather than harden
Let it open rather than close
Let it heal rather than hurt.

Look for the meaning of life in the soil
In its richness
Grounding -
 Sustaining, supporting,
Living and breathing you
Eco diversity = health
Microcosm of social construct
That could be
A lesson learned for
Humanity.

When I'm near you
When I'm apart
My center feels strong
And glowing
Color of power
And connection
Total integration
You are the one.
Who holds life so precious
Who understands balance
And connection
Perfectly.
I adore you.
My heart opens wider
Than ever before

I know we can embrace
The world
And what it holds

- - -

So grateful
For your presence in my life
Whatever form it takes
I want to give you the world
And always have your back.

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