

i hope you all know that what's  
Really at the bottom of this is  
Putting myself into situations  
And experiences  
That challenge perspective,  
to learn and grow  
I want to do so  
in a way that brings peace  
and healing  
to the world  
    and to myself –  
because at the heart of it  
I'm really just a writer  
and an artist  
Looking for inspiration,  
and avenues of  
self-expression  
through experiences  
and knowledge  
to stimulate and infuse my  
connection  
to the Vast collective consciousness –  
to flow in the stream  
of the Universal soul  
river we're all in

I need to  
process and understand myself  
in visual  
and written  
    FORM  
    lessness  
no matter how that evolves.  
just exploring art  
for art's sake

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So let's embrace for a little bit  
it feels really chill  
there is energy intertwining  
and love  
moving like a sea between  
our souls  
and then –  
feel it fly away  
on the wings of a bird  
always setting each other free  
allowing a greater return

November 2018, kelly ann ilseman